## Only YOU Can Prevent Cooking Fires



cause of home fires in Ontario.

Install smoke
and carbon
monoxide
alarms on
every storey
of your home.

Test them every month.



## How do I keep **myself** and **my loved ones** safe?

- To prevent cooking fires, you must be alert. You will not be alert if you are sleepy, have consumed alcohol, drugs or medicine that makes you drowsy.
- Always stay in the kitchen while cooking. If you must leave, turn off the stove.
- Keep anything that burns—oven mitts, cooking utensils, dish cloths, paper towels and pot holders a safe distance from the stove.



- near the stove when cooking.
  If a pot catches fire slide the lid over the pot and turn off the stove. Do not move the pot until it has cooled completely.
- Loose-fitting clothes can come into contact with stove burners and catch fire. Wear short sleeves, tight sleeves or roll them up when cooking.



For more information contact your local fire department.

