



City of Temiskaming Shores
Waterfront Pool and Fitness Centre
Pool Re-Opening Plan
Version 3.2
October 27, 2021



COVID-19 safety measures at the Waterfront Pool/Fitness Centre

The City of Temiskaming Shores – Recreation Department has collaborated with Timiskaming Health Unit, and Lifesaving Society to incorporate public health prevention and mitigation measures that help reduce the risk of spreading COVID-19.

1.0 What you can expect

- Arrive and exit the Fitness Centre wearing your mask.
- Health screening must be completed at the front entrance. Screening can be completed by using the QR code provided on the sign or by going to <https://www.temiskamingshores.ca/COVID19Form>
- Follow the directions on the screening and contact tracing form. If you answer “Yes” to any of the questions you shall NOT enter the facility.
- Remove your outdoor shoes and store them in the shoe cubbies or store them with your belongings.
- Check in with the front desk with your membership card or payment, debit and credit are preferred. Anyone not scanning a membership card must provide their contact information including time of arrival.
- Provide your proof of vaccination and personal ID to the front desk before proceeding to the changeroom area.
- Masks must be worn upon entry, exit, in change rooms and pool deck. Masks can be removed once you have begun to swim and must be put back on as you leave the pool area.

Everyone entering the facility shall provide proof of vaccination for COVID-19 as per the City of Temiskaming Shores Recreation Facility Proof of Vaccination Policy. Anyone who is 12 years of age or older shall show their proof of vaccination to the front desk when they arrive at the facility.

Plexiglas shields installed around the front desk to protect workers and users.

We encourage swimmers to use goggles however, snorkels will not be allowed.

Swimmers are encouraged to bring their own equipment for their use or the pool does loan life jackets, flutter boards, life belts and Children’s toys.

2.0 Change rooms

All patrons will enter into the adult or children change rooms. Every bather must first take a shower or bath using soap and warm water before entering onto the deck. This is a regulated expectation for all bathers which also include public and staff (*Ontario Health Protection & Promotions Act, Reg 565 s.15.*).

Patrons may lock up their belongings in the lockers and enter the pool area. The public is responsible for following regulations while using the changerooms, including, wearing masks until you enter the water.

On pool deck, patrons may remove their masks and enter the pool.

After the swim, pool patrons will exit through the adult or children's change rooms. The public is responsible for following regulations while using the changerooms, including, wearing masks on pool deck and changerooms until you exit the facility.

3.0 Hot Tub

The hot tub is open during public, lap and adult swim times. The maximum capacity is 17.

4.0 Additional Pool Rules

- Masks are required when entering the facility but are to be removed prior to entering the water.
- The use of goggles is encouraged to avoid contamination.
- Snorkels will be prohibited from use.
- Bathers shall not spit, cough, urinate or blow their nose in the water.
- Patrons in need of assistance due to physical limitations should receive help from a family member.
- Lifeguards will be wearing masks while actively on-pool deck, while speaking with customers & completing first aid.

5.0 Adult Swims

During Adult swim time, one side of the pool will be for lap swimmers while the other side will be for people wanting to walk, tread water and exercise. The maximum number of adults will be 10.

6.0 Public Swim

Non-swimmers aged 9 and under, and all children aged 6 and under must be accompanied by a participating adult or youth, at least 14 years of age, responsible for the direct supervision of the child and actively swimming within arm's reach at all times.

Children aged 7, 8, 9 and 10 must be tested to demonstrate their ability to swim 25 metre uninterrupted in order to be permitted to swim unaccompanied.

The capacity for the Monday to Friday day public swims will be 24. The capacity for the Monday to Friday evening public swims will be 50. The capacity for the weekend public swims will be 100.

Patrons will not need to call in to book their spot, it will be on a first-come-first-served basis.

7.0 Swimming lessons

While measures to attempt to control the risks of the transmission of COVID-19, parents, participants and staff need to be aware and understand, that there are still risks with participating in a swimming lesson.

Group and private swim lessons will be offered between October 5th and December 9th on Tuesday and Thursday evenings. Lessons will be 30 to 60 minutes long. There will be three lessons running concurrently, 2 group lessons and 1 private. One lifeguard will be on duty during all swimming lesson times in addition to the instructors. Preschool A – D and Swimmer 1 & 2 will require an adult from within the same household to assist in the water with the child. Swimmer 3 – 6 will be with an instructor who will be practicing physical distancing rules.

Preschool A to Preschool D will allow 3 participants (with 3 guardians)

Swimmer 1 & 2 will allow 4 participants (with 4 guardians)

Swimmer 3 will allow 5 participants

Swimmer 4 to 6 will allow 6 participants

Rookie/Ranger/Star will allow 6 participants

Lessons for Preschool levels to Swimmer 3 will be 30 minutes to allow for proper physical distancing between participants entering and leaving the facility. Swimmer 4 to 6 and Rookie/Ranger/Star will be 60 minutes long. This also provides sufficient time for cleaning and disinfecting the pool and common areas.

Swimming lesson spots will be limited due to reduced number of participants in each session, to allow for proper physical distancing.

Starting in the January 2022 Session the class numbers will increase and Parents will not be required in the pool accompanying their child.

Preschool A to Preschool D will allow 4 participants

Swimmer 1 & 2 will allow 6 participants

Swimmer 3 will allow 8 participants

Swimmer 4 to 6 will allow 10 participants

Rookie/Ranger/Star will allow 10 participants

8.0 Aquafitness

The pool will be offering morning aquafitness classes starting September 8th 2021. Classes will run Mondays, Wednesdays and Fridays from 9:00am to 9:45am. Class capacity for aquafitness will be 20. Patrons will not need to call in to book their spot, it will be on a first-come-first-served basis.

9.0 Pool Rentals

All pool rentals including the renter and all swimmers shall follow the provisions laid out within this plan unless covered by an approved Provincial Sport Organization (PSO) COVID-19 Return to Sport Plan. Any rentals utilizing a PSO COVID-19 Return to Sport Plan must provide a copy of the plan to the Superintendent of Programming and receive written approval from PFC management.

10.0 Cleaning and Disinfecting

Cleaning and disinfecting high traffic and common use areas has always been a critical element of the safe operation of the Waterfront Pool and under the current set of circumstances this practise will take on an even bigger sense of urgency. The cleaning staff will be cleaning and disinfecting more frequently depending on usage. Surfaces and object in public places will be cleaned and disinfected before each use such as high touch surfaces including tables, doorknobs, countertops, handles, desks, toilets, faucets, sinks, change stalls lockers.