

April Schedule

pool schedule may be changed with or without notice, we are sorry for any inconvenience this may cause

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar. 30th	Mar. 31st	Apr. 1	Apr. 2nd	Apr. 3rd	Apr. 4th	Apr. 5th
	Rec Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	
		AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	Lane Swim (8:30-9:45)
	AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)	
		Rec Swim (9:30-10:30)		Rec Swim (9:30-10:30)		
	Early-ON (10:00-11:00)	Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Early-ON (10:00-11:00)
Lessons (10:30-1:00)						
	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (11:30-1:00)
Rec Swim (1:30-4:00)	Rec Swim (2:00-3:30)	Rental (2:30-3:30)	Sensory Safe Swim (2:00-3:30)	Rec Swim (2:00-3:30)		Rec Swim (1:30-4:00)
	Swim Team (4:00-7:00)	Lessons (4:00-7:00)	Rec Swim (4:00-6:00)	Lessons (4:00-7:00)	Swim Team (4:00-7:00)	Birthday Party Rental (4:15-5:15)
	AQ-Fit (7:15-8:00)	Rec Swim (7:15-8:45)	Swim Team (6:15-8:30)	Lane Swim (7:15-8:45)	Rec Swim (7:15-8:45)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr. 6th	Apr. 7th	Apr. 8th	Apr. 9th	Apr. 10th	Apr. 11th	Apr. 12th
	Rec Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	
		AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	Lane Swim (8:30-10:30)
	AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)	
		Rec Swim (9:30-10:30)		Rec Swim (9:30-10:30)		
	Early-ON (10:00-11:00)					
Lessons (10:30-1:00)		Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Parent & Tot Swim (10:30-11:30)	School Use (10:15-11:15)	
						Autism Ontario (11:00-12:00)
	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	
						Parent & Tot Swim (12:15-1:15)
Rec Swim (1:30-4:00)						Rec Swim (1:30-4:00)
	Rec Swim (2:00-3:30)	Rental (2:30-3:30)	Sensory Safe Swim (2:00-3:30)	Rec Swim (2:00-3:30)		
	Swim Team (4:00-7:00)	Lessons (4:00-7:00)	Rec Swim (4:00-6:00)	Lessons (4:00-7:00)	Swim Team (4:00-7:00)	Birthday Party Rental (4:15-5:15)
	AQ-Fit (7:15-8:00)	Rec Swim (7:15-8:45)	Swim Team (6:15-8:30)	Lane Swim (7:15-8:45)	Rec Swim (7:15-8:45)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr. 13th	Apr. 14th	Apr. 15th	Apr. 16th	Apr. 17th	Apr. 18th	Apr. 19th
	Rec Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	Swim Team (6:30-7:45)	CLOSED	
		AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit & Spa Permitted*	AQ-Fit (8:15-9:00)		Lane Swim (8:30-10:30)
	AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)			
		Rec Swim (9:30-10:30)		Rec Swim (9:30-10:30)		
	Early-ON (10:00-11:00)	Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Parent & Tot Swim (10:30-11:30)		Adult Swim (10:30-11:45)
Lessons (10:30-1:00)						
	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)		Parent & Tot Swim (12:15-1:15)
Rec Swim (1:30-4:00)	Rec Swim (2:00-3:30)	Rental (2:30-3:30)	Sensory Safe Swim (2:00-3:30)	Rec Swim (2:00-3:30)		Rec Swim (1:30-4:00)
	Swim Team (4:00-7:00)	Lessons (4:00-7:00)	Rec Swim (4:00-6:00)	Lessons (4:00-7:00)		Birthday Party Rental (4:15-5:15)
			Swim Team (6:15-8:30)			
	AQ-Fit (7:15-8:00)	Rec Swim (7:15-8:45)		Lane Swim (7:15-8:45)		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr. 20th	Apr. 21st	Apr. 22nd	Apr. 23rd	Apr. 24th	Apr. 25th	Apr. 26th
	CLOSED	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	
		AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	Lane Swim (8:30-9:45)
			AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)	
		Rec Swim (9:30-10:30)		Rec Swim (9:30-10:30)		
Lane Swim (10:00-11:30)		Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Parent & Tot Swim (10:30-11:30)	School Use (10:15-11:15)	Early-ON (10:00-11:00)
Parent & Tot Swim (12:15-1:15)		Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (11:30-1:00)
Rec Swim (1:30-4:00)		Rental (2:30-3:30)	Sensory Safe Swim (2:00-3:30)	Rec Swim (2:00-3:30)		Rec Swim (1:30-4:00)
		Lessons (4:00-7:00)	Rec Swim (4:00-6:00)	Lessons (4:00-7:00)	Swim Team (4:00-7:00)	Birthday Party Rental (4:15-5:15)
			Swim Team (6:15-8:30)			
		Rec Swim (7:15-8:45)		Lane Swim (7:15-8:45)	Rec Swim (7:15-8:45)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr. 27th	Apr. 28th	Apr. 29th	Apr. 30th	May. 1st	May. 2nd	May. 3rd
	Rec Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	Swim Team (6:30-7:45)	Lane Swim (6:30-8:30)	
		AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	AQ-Fit (8:15-9:00)	*Therapy Swim, AQ-fit moves & Spa Permitted*	Lane Swim (8:30-9:45)
	AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)		AQ-Fit (9:00-9:45)	
		Rec Swim (9:30-10:30)		Rec Swim (9:30-10:30)		
	Early-ON (10:00-11:00)					Early-ON (10:00-11:00)
Lessons (10:30-1:00)		Parent & Tot Swim (10:30-11:30)	Rec Swim (10:00-11:30)	Parent & Tot Swim (10:30-11:30)	School Use (10:15-11:15)	
	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	Adult Swim (12:00-1:30)	National Lifeguard (11:30-4:00)
Rec Swim (1:30-4:00)						
	Rec Swim (2:00-3:30)	Rental (2:30-3:30)	Sensory Safe Swim (2:00-3:30)	Rec Swim (2:00-3:30)		
	Swim Team (4:00-7:00)	Lessons (4:00-7:00)	Rec Swim (4:00-6:00)	Lessons (4:00-7:00)	Swim Team (4:00-7:00)	Birthday Party Rental (4:15-5:15)
	AQ-Fit (7:15-8:00)	Cadets (7:00-9:00)	Swim Team (6:15-8:30)	Lane Swim (7:15-8:45)	National Lifeguard (7:00-9:30)	